

2025 - 2026

Associate in Science in Nutrition and Dietetics for Transfer Degree

Complete the following program of study. (Major C.5683.AS-T) Major requirements (27 units minimum).

The Associate in Science in Nutrition and Dietetics for Transfer Degree provides education in nutrition science and the relationship of the human diet to health and lifestyle-related diseases. The Associate in Science in Nutrition and Dietetics for Transfer Degree prepares students for transfer into the CSU system to complete a baccalaureate degree in nutrition and dietetics. This major provides the opportunity for students to begin their career path in the field of nutrition and dietetics, with a wide variety of career possibilities in nutrition, medicine, clinical settings, public health and/or other allied health sciences.

Students may pursue further education and training to become registered dietitians (RD) or registered dietitian nutritionists (RDN). To earn certification as an RD or RDN, specific education and training requirements must be met, as established by the Accreditation Council for Education in Nutrition and Dietetics. Requirements include successful completion of a bachelor's degree, an accredited nutrition curriculum, an extensive supervised program of practice at a healthcare facility or food service organization or community agency and passing a rigorous registration exam. RD and RDNs have opportunities to work in medical facilities, research labs, healthcare agencies, food service industry, pharmaceutical companies, and many other areas involving nutrition education, counseling, and management.

Name: _____ Student ID: _____ Date: _____

Course Overview and Selection

Core Courses: Take the following courses.

Course	Course Description	Units	C-ID	Completed	In Progress	Planned
FN 40	Nutrition	3	NUTR 110			
PSYC 1000 or PSYC 1000H	Introduction to Psychology or Introduction to Psychology - Honors	3	PSY 110			
CHEM 1A	General Chemistry	5	CHEM 110			
BIOL 31	Microbiology	5	NA			

List A – Select two from the following:

Course	Course Description	Units	C-ID	Completed	In Progress	Planned
CHEM 1B	General Chemistry and Qualitative Analysis	5	CHEM 120S			
BIOL 20	Human Anatomy	4	BIOL 110B			
CHEM 28A & CHEM 29A	Organic Chemistry I (3) and Organic Chemistry Laboratory I (2)	5	CHEM 150			
BA 23 or PSYC 42 or STAT C1000	Elementary Statistics or Statistics for the Behavioral Sciences or Introduction to Statistics	4	MATH 110			

List B - Select one course:

Course	Course Description	Units	C-ID	Completed	In Progress	Planned
BIOL 22	Physiology	5	NA			
COMM 25	Argumentation	3	NA			

Continued on Next Page

ECE 4	Child, Family, and Community	3	NA			
ECON 1A	Principles of Microeconomics	3	NA			
ECON 1B	Principles of Macroeconomics	3	NA			
PHYS 2A	General Physics	4	NA			

Total units for major does not include required general education or pre-requisite courses.

Notes:

- LIST A, students who choose CHEM 1B satisfy the required C-ID CHEM 120S since CHEM 1A was completed in the CORE. C-ID CHEM 120S is the General Chemistry for Science majors sequence.

Program Learning Outcomes:

1. Demonstrate knowledge of the relationship of nutrients and lifestyle factors and the associated risk of chronic disease.
2. Demonstrate knowledge of physiological processes such as digestion, absorption, transport and metabolism of nutrients.
3. Identify essential nutrients and describe their chemical structures and food sources.
4. Recognize and separate scientifically supported information from misinformation.
5. Identify ways in which social factors influence food-related choices, practices and beliefs.

To obtain the Associate in Science in Nutrition and Dietetics for Transfer Degree, students must complete the following. Associate Degree for Transfer requirements (pursuant to SB1440 §66746 and CCR, title 5, §55063):

- Minimum grade of “C”, 2.0 (or “P”) for each course in the major, and
- Completion of Cal-GETC
**Students who maintain catalog rights prior to Fall 2025 may use IGETC or CSU-GE Breadth.*
- Courses may double count in the major and Cal-GETC.
- Certification of California General Education Transfer Curriculum (Cal-GETC) is required.
- Cal-GETC and major sheets are available in Student Services, AC2-133 or online at [CCC GE and Major Sheets](#)

To see what CSU campuses, accept this degree go to <http://www.icangotocollege.com/transfer-tool>.

Common Course Number (CCN) effective Fall 2025:

The following changes are in effect Fall 2025 to align with AB1111 (CCN):

English (ENGL)

- ENGL C1000 *formerly* ENGL 1A
- ENGL C1000H *formerly* ENGL 1AH
- ENGL C1001 *formerly* ENGL 3
- ENGL C 1001H *formerly* ENGL 3H

Communication Studies (COMM)

- COMM C1000 *formerly* COMM 1
- COMM C1000H *formerly* COMM 1H

Political Science (POLS) *former prefix POLSCI

- POLS C1000 *formerly* POLSCI 2
- POLS C 1000H *formerly* POLSCI 2H

Psychology (PSYC) *former prefix PSY

- PSYC C1000 *formerly* PSY 2
- PSYC C100H *formerly* PSY 2H

Statistics (STAT)

- STAT C1000 *formerly* MATH 11
**BA 23 formerly* STAT 7.

Faculty Advisors: Spach.